



ROBERT BATEMAN HIGH SCHOOL HEALTH AND WELLNESS

Program Overview:

The SHSM Health and Wellness program offers students the opportunity to explore the world of health care while in high school. Through in-class learning and health focused knowledge, the student will develop many skills that will serve as a building block to future careers in caring for the people that need care.

Students Will:

- Gain knowledge of human anatomy, physiology, pathophysiology, immunology, and human development
- Learn and understand the diverse needs of both the children and elderly population
- Develop some fundamental skills used in health care including: assisting with activities of daily living, assessment skills, and taking vital signs
- Develop an understanding and appreciation for communication techniques that enable them to provide psychosocial care to their clients

- Recognize the diversity of the occupations in health care and understand the roles that each play as a component of a collaborative team management
- Obtain a Personal Support Worker certificate upon successful completion of the classes and co-op placement
- Obtain a certificate in First Aid and CPR (Level HPC), Infection Control, and receive awareness training in WHMIS. Other certificates include St. John Ambulance AED, medical terminology, back safety and Non-violent crisis intervention.

Course Package:

Students in the SHSM Health and Wellness program can continue in the health care field through all four of the designated pathways including: apprenticeship, college, university, and workplace.

The program consists of:

- 3 health care courses
- Courses in biology, chemistry, and/or physics (depending on destination)
- 1 math credit
- 1 English credit
- 2 co-op credits

Who Would be Interested in the Program?

This program provides focused teaching to cover the interests and designations of the enrolled students. Through co-op placement, job shadowing, and reach-ahead experiences, the student has the opportunity to explore a health care occupation.

Some traditional health care fields include:

- dentistry
- medicine
- nursing
- paramedics
- personal support worker
- physiotherapy

Other careers in health care can include:

- child and youth worker
- lab technician
- porter
- naturopath
- radiology technician
- speech therapy

Program Delivery Schedule:

Students will enroll to attend the program in semester 1 at Robert Bateman High School. They have the option of remaining at RBHS for the second semester, or they can return to their home school and complete the remainder of their graduation requirements. Each student's particular career goals are examined, and the most suitable schedule and course selection is obtained.

Application Details and Contact information:

All interested students can obtain an application at his/her guidance office. For more information about the Health and Wellness program at RBHS, visit haltonpathways.ca or email richardsonl@hdsb.ca. To register for the program, go to www.onsorts.ca or visit the guidance counselor at your school. Parent information nights are held throughout the year to allow interested students and parents to seek further information. There is a small fee for the program to cover classroom supplies.



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